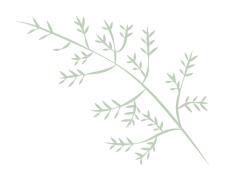




## NUTRITIONAL SUPPORT FOR RECOVERY

COCAINE/NARCOTICS
DETOX AND REPAIR







### NUTRITIONAL SUPPORT FOR RECOVERY

# COCAINE/NARCOTICS DETOX AND REPAIR

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#### COCAINE/NARCOTICS DETOX & REPAIR

### SUPPLEMENTS WILL LAST FOR ONE MONTH AND THEN YOU SHOULD RE-EVALUATE.

| Supplement<br>Type | Name & Order<br>Code               | How to<br>Take  |
|--------------------|------------------------------------|---|
| Basic Multiple     | Maxxum 3 (90 caps)<br>Karuna #1103 | 2 per meal =<br>6/day   |
| Vitamin C          | C-1000 (120 caps)<br>Karuna #1210  | 1 - breakfast, 1 -<br>lunch, 2 – dinner =<br>4/day (If diarrhea<br>develops, reduce<br>amount.) |
| Fish Oil           | MegaEPA (90 caps)<br>Karuna #4106  | 1 per meal =<br>3/day   |
| 5HTP               | 5HTP (30 caps) x 2<br>Karuna #8101 | 1 with dinner , 1 at<br>bedtime   |

(Be evaluated if you are taking a serotonin reuptake inhibitor-such as Prozac, Paxil, or Zoloft.)

Tyrosine

Tyrosine (100 caps) Douglas Labs TYR 11 cap upon arising, 1 cap at 10 am, 1 cap at 3 pm = (2400 mg/day)

DL-Phenylalanine DL-Pheine (90 caps) Douglas Labs DL-PHEINE 1 cap upon arising, 1 cap at 10 am, 1 cap at 3 pm = (1500 mg/day)

\* (Do not take if you are pregnant, have extremely high blood pressure, grave's disease, constant migraine, schizophrenic, have severe liver damage, have PKU, have panic attacks, have melanoma, or on an MAO antidepressant.)

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