# Ties That Bind

by Bill Yeary

Healthy Soul Ties
Unhealthy and Ungodly Soul Ties
Signs That You Have a Soul Tie That
Needs to Be Dealt With
How Do We Sever or Un-Knit and
Separate the Ungodly Soul Ties?



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## Healthy Soul Ties



We have bonds with family, friends, and in marriage that allow us to connect and bond with others on a deeper level. God gave us an amazing ability to be intimately knitted to another on a physical, soulish, and spiritual level depending upon the type of relationship.

There are 4 major "bondings" for which we have privilege and opportunity.

A child to their parent

A parent to their child

A man to a woman and a woman to a man as mates in marriage covenant

Oneness with Christ

Then there are some that knit together on the level of friendship that form a covenant. Now when he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul. Then Jonathan and David made a covenant, because he loved him as his own soul.

1Samuel 18:183

## Signs That You Have a Soul Tie That Needs to Be Dealt

- 1 You are in an abusive relationship, but you "feel" so attached to them that you refuse to cut off the connection and/or set boundaries.
- 2 You have left a relationship (maybe long ago), but you think about the other person excessively or continually have dreams of them.
- **3** You often "feel" like this person is with you or a part of what you are doing.
- 4 When you have intimacy or sex with your spouse, you sometimes find yourself visualizing or thinking about someone you had a previous relationship with.
- You take on the negative traits of the person that your soul is tied to. You justify their excuses and begin to carry their offenses.
- You defend your right to stay in a relationship, even though it is negatively affecting you and/or destroying the other important relationships in your life.
- You have simultaneous experiences and/or "moods" as the other person your soul is tied to does. This can even include anger, sickness, accidents, addictions, etc.



## How Do We Sever or Un-Knit and Separate the Ungodly Soul Ties?



$\bigcirc$	If you are uncertain if you need to do this, then pray and ask the Lord to reveal to you if you have unhealthy attachments or inappropriate boundaries or an intertwining of your soul to another that needs to end or be unraveled.
0	Pray out loud and place yourself completely under the authority and the blood of Jesus Christ.
0	Confess the sin, renounce it, come out of agreement with it, ask for forgiveness, and ask the Lord to cleanse this from you. I John 1:9
$\bigcirc$	If the relationship is completely inappropriate and needs to end, then end it and forsake it completely.
$\bigcirc$	Pray to be separated and released from this person and that they are separated and released from you. Ask Jesus to separate and sever your spirit and soul from this other person. Place the Blood of Jesus Christ between you and them.
$\bigcirc$	Ask God to restore your soul, to healed from any emotional wounds, and to remove the pain from any bad memories.
$\bigcirc$	Declare out loud that in the name of Jesus that the unhealthy soul tie is broken. Take authority over any evil spirits that are associated and cancel their assignments.
$\bigcirc$	If the relationship is one that needs to continue yet with appropriate boundaries, then get help from a pastor or counselor or other qualified person to help you establish appropriate boundaries. You will need this accountability partner to help you maintain the boundaries.



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